

References for Conference Call

Alert Program® and Back to School

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The following resources are listed in the order (approximate) that they were mentioned in the Conference Call. Please note that some of the resources are no longer available. As the internet continues to evolve, we cannot control access to the web pages or blog posts of others. We hope that if a specific resource is unavailable, you'll be able to find something similar using the unavailable titles as keywords in an internet search.

- [Self-regulation: The Key to Successful Students?](#)
- [Social Stories: Carol Gray's website](#)
- Back to School! Sensory Prepared! – no longer available
- “Me” Book for parent or therapist to give to teacher – no longer available
- [“Me” Book for child to help create](#)
- [Start the School Year Out Right](#)
- [OTA Occupational Therapy Tips for Homework Success](#) - might just be available for members
- [OTA Occupational Therapy Tips for Health & Success in School](#) - might just be available for members
- Pinterest Boards: Ideas for School – no longer available
- [Back to School Tips from the Experts](#)
- Creativity Helps with Back to School Stress – no longer available
- Eight Fun Oral Motor Activities To Improve Your Child's Regulation – no longer available
- Sensory School Supply List – no longer available
- [OTA Backpack Awareness Day – Sept 19th](#) - might just be available for members
- [OTA Backpack Facts: What's All this Flap about \(pdf\)](#) - might just be available for members
- [OTA Backpack Strategies for Parents and Students \(pdf\)](#) - might just be available for members
- [YouTube Video by Karen Jacobs on Backpack Awareness](#)
- [Take Five: Staying Alert at Home and at School](#) (includes activities to support the five ways to change how alert one feels Mouth, Move, Touch, Look, and Listen)
- Going Back To School with Sensory Smarts – no longer available
- [Finger Weaving \(or Finger Knitting\) YouTube](#)
- [Coloring Pages for younger children \(including mandalas\)](#)
- [Coloring Pages for older children and adults](#)
- [Color Online \(free\) Mandalas and other coloring pages](#)
- Stained Glass Window coloring books – no longer available
- Songify App for free – no longer available
- Talkapella free app – no longer available

Additional websites (not mentioned on this Conference Call):

- [Preparing the School for your Child with Sensory Integration Disorder](#)
- Sensory Integration Tips for Teachers – no longer available
- Back to School Guide for Special Needs Families – no longer available
- [Creating a Sensory Smart Classroom](#)

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Common Sense Disclaimer

As responsible adults, we must use common sense when supporting others.

If you are unsure of something that has been mentioned here, have questions, or just don't have a good feeling about trying something, trust your judgment and don't do it! I encourage you to seek help from a trained professional (often an OT in your area) or you can purchase consultation time with us here at TWI. You deserve support!

To learn more about additional distance learning options, research, articles or Alert Program® books, games, and songs go to:

www.AlertProgram.com