

References for Conference Call

## **Alert Program® and Holiday Challenges**

Sherry Shellenberger, OTR/L and MaryAnn Trott, MA

December 7, 2012

The following resources are listed in the order (approximate) that they were mentioned in the Conference Call. Please note that some of the resources are no longer available. As the internet continues to evolve, we cannot control access to the web pages or blog posts of others. We hope that if a specific resource is unavailable, you'll be able to find something similar using the unavailable titles as keywords in an internet search.

### Books:

- [SenseAbilities Understanding Sensory Integration](#) by M.A. Maryann Colby Trott
- [Oh Behave! Sensory Processing and Behavioral Strategies](#) by M.A. Maryann Colby Trott
- [Take Five: Staying Alert at Home and at School](#)
- 'Tis the Season to be Crying: Autism and SPD – no longer available

### Additional resources, not mentioned in the Conference Call:

- Handling the Holidays with Special Needs – no longer available
- Twas the Night Before an SPD Christmas – no longer available
- 12 Days of Christmas-SPD Version – no longer available
- I have a Little Dreidel (SPD Hanukkah) – no longer available
- Holiday Tips for Parents of Kids with Autism: Including Gift Ideas and Activities – no longer available
- Twelve Tips for Helping Living with Autism Have a Happy Holiday Season – no longer available
- [Surviving the Holidays with Autism](#)
- Holiday Tips: Helping Parents of Kids with Autism Handle the Unique Challenges of the Holiday Season – no longer available
- Tips for Enjoying a Sensory Friendly Holiday Season – no longer available
- This has a list of toys to buy for those with autism – no longer available
- Christmas Sensory Tub – no longer available
- [More gift ideas for Sensory Seekers](#)
- Shopping for my Special Needs Child – no longer available
- [Sensory Art for Kids with Sensory Integration Challenges](#)
- [Gift Ideas for kids with Sensory Processing Disorders](#)
- December and Christmas – no longer available

Updated: February 28, 2022

### **Common Sense Disclaimer**

As responsible adults, we must use common sense when supporting others.

If you are unsure of something that has been mentioned here, have questions, or just don't have a good feeling about trying something, trust your judgment and don't do it! I encourage you to seek help from a trained professional (often an OT in your area) or you can purchase consultation time with us here at TWI. You deserve support!

To learn more about additional distance learning options, research, articles or Alert Program® books, games, and songs go to:

[www.AlertProgram.com](http://www.AlertProgram.com)